



# UPDATE

TPED/Board of Registry

January 2015



Take time for yourself.

## Stressed Out?

Being a registered professional educational diagnostician is rewarding, challenging and demanding. The sacrifices we make to ensure the needs of our students are met can take a toll on both our physical and mental capacities. Over time this stress creates burnout and hinders job performance. While we can't control the number of referrals, the approach we take to handle the stress is in our control. Here are a few tips to incorporate into your daily schedule.

### Conduct a Self-Assessment several times during the day, ...

1. stop what you're doing, take a deep breath and focus on how your body feels. Ask yourself "How am I doing?" Most of us hold tension in our forehead, jaw and shoulders. Relax. Breathe. Stretch.
2. **Find the "OFF" button.** Turn off technology at the end of the day. This allows your body to unplug from the day's stressors.
3. **Take time for yourself.** Plan time to get away. Read a book for fun. Spend time with your loved ones.
4. Talk to someone who understands about your work stress. **Venting a little helps us handle the demands.**
5. And last but not least, take a walk, sign up for a yoga or Zumba class. Challenge yourself to a 5K. **Exercise helps our body fight illness and the negative effects stress creates.**

**"Check out our Land's End e-store!** Land's End offers us the opportunity to order high quality attire with our TPED logo. Just go to our website [www.regped.com](http://www.regped.com), look for the Land's End link and place an order today! Wear it with pride and encourage fellow TPED members as well! *Look for Lands' End selections throughout our Update.*



## In This Issue

- Stressed Out?
- Registry Exam
- New Board Members
- Meet Your Legislators
- Professional vs. Associate
- Symposium 2015

## Professional vs. Associate?

As the membership year for TPED comes to an end and renewal time begins, ask yourself, "Should I renew my membership?" **Maybe you are retiring this year or maybe you are changing jobs.** Many of us move into supervisory roles, become directors, teach at the university level, return to the classroom, or even retire! It is easy to forget to renew your membership and it is easy to decide that it is one more expense that you do not need. **Frequently we forget that TPED also offers an Associate Membership for the simple reason that we do have members who no longer practice.** At \$40 a year, joining as an Associate Member is beneficial. **You continue to get your Update e-mailed to you twice a year, you have access to the Symposium at no cost, and you continue to have a professional link.** *As a past retiree, those bonds are very important and it is not unusual to see retired diagnosticians returning to work as part-time employees or going into private practice after a short retirement.* When that happens, you are able to update to Professional status for an additional \$10. **Remember that if your membership lapses for more than three years, you have to reapply for the Registry and take the exam again.** These reasons make the Associate Membership level very attractive and as always remember that at tax time your membership is a business expense that can be deducted. **So don't let your membership lapse, exercise your option to become an Associate Member and keep your benefits and membership current!**



Keep in touch with fellow

RegPeds and the TPED Board of Registry by liking us on FACEBOOK!

Search FB for:  
*TPED-Texas Professional Registered Educational Diagnosticians*

### New Board Members

At the January meeting the Board welcomed three new members. The first is Janna Brendle, the new Credentials Chair. She is an Assistant Professor at Texas Tech University in charge of the Special Education Masters and Educational Diagnosticians Programs. During her 26 years in education Janna has also been a teacher in public school, an Educational Diagnostician and a Special Education Director. Her personal life is busy with her husband, Dickie (married almost 40 years), three sons and 5 grandsons.

Our new Board Secretary is Leslie Flisowski is from Fate, TX and currently an Educational Diagnostician for Rockwall ISD. She has been in education for 17 years, 11 years as a Diagnostician. Her teaching experience included 3 years teaching Special Education and 3 years teaching first grade. She is very dedicated to her husband, Lance, 2 daughters and one son. She also enjoys time off for traveling and to experience the great outdoors.

Sarah Johnston, the Special Education Director for Lewisville ISD is our new Legislative/Regional Representatives Chair. During her 23 years in education, she has also been an Associate Principal, Educational Diagnostician, and a Special Education Teacher. Sarah stays busy with her twins and her loyal Golden Retriever, Lily.

# Symposium Report

We are looking forward to seeing you at our Symposium, which will be held at the Galveston Island Resort Convention Center, on April 29, 2015!

Dr. Nancy Mather will present, "Use of the WJ-IV to Diagnose Learning Disabilities." Dr. Mather has presented the new WJ-IV in Texas several times this Fall, and will provide informative updates.

Attendees will be instructed on the use and interpretation of the WJ-IV report, which will assist with report writing and identifying the diagnosis of Specific Learning Disability (SLD).

Lands' End  
Women's 3/4 Sleeve Broadcloth



Lands' End Choices



## TPED Registry Exam Information for the April 29, 2015 and June 20, 2015 Ad- ministrations

The TPED Registry Exam will be offered April 29, 2015 at the TPED Symposium in Galveston and June 20, 2015 at the Embassy Suites Dallas Love Field.

The Exam includes questions regarding the following areas of competency:

Competency 1 - Knowledge of Disabilities, State laws, and Federal regulations pertaining to Special Education

Competency 2 - An understanding of learning environments

Competency 3 - Administering evaluations and interpreting evaluation information

Competency 4 - Interpreting evaluation information as related to the effects of disabilities on the child's success in the learning environment

For test review and study purposes, the questions/case studies will reference the WJ III Cognitive/Achievement and the WISC IV/WIAT III assessments. **Examinees will NOT be responsible for information regarding the WJ IV Cognitive/Achievement or WISC V/WIAT IV assessment revisions for the 2015 test administrations.**

The current Registry Exam study guide will be forwarded upon registration for the exam at [www.regped.com](http://www.regped.com).



**Men's Long sleeve  
button down**



## Meet Your Legislators

2015 is a new Legislative year, with many changes in Austin. We have a new Governor, Lieutenant Governor, and many new legislators. **The most important thing we can do as TPED members is meet our State Representatives and State Senators. If you don't know who represents you in Austin anymore, go to the Texas Legislature Official Site ( [www.capitol.state.tx.us](http://www.capitol.state.tx.us) ) and by entering your zip code in the blue box on the right side of the screen under "Who Represents Me?", you can find out. Call their offices and ask if you can make an appointment to introduce yourself to them the next time they are at home. If you are planning a trip to Austin, call and see if they are at the Capitol, and meet them there. Another way to make contact is through their aides, who keep track of bills and do most of the correspondence. **In addition, ask to be put on their e-mail list so that you get regular updates.** Also, many of our state legislators have Town hall/neighborhood meetings and if you can, take time to attend them. They are usually on Saturday afternoons and you can get e-mails notifying you when a meeting is planned. These are the best and easiest ways to get to know our legislators. It's important to let them know who we are and what we do, and it makes asking them for support easier if we do a little leg work early in their term. **Remember that the more information they have, the better they can represent us.****

**"Every person owes some of his time to the upbuilding of the profession to which he belongs." T. Roosevelt**

## January 2015 Registry Board Meeting

The TPED Registry Board met at the Embassy Suites Love Field in Dallas, TX on January 22-23, 2015. The Board welcomed new members and designated new officers as follows:

Jeanna Miller—Chairperson  
Debbie Rollins—Vice Chair  
Leslie Flisowski—Secretary  
Lisa Horton—Treasurer/Professional Visibility  
Georgene Moon—Continuing Education  
Janna Brendle—Credentials  
Sarah Johnston—Regional Representatives/Legislative  
Debra Hawkins—Administrative Assistant

These board members reviewed and accepted 14 applicants for the Registry Exams to be administered on April 29, 2015 in Galveston and on June 20, 2015 in Dallas. In addition, the board approved plans for the Symposium to be held April 29, 2015 at the Galveston Island Convention Center where Dr. Nancy Mather will present “Use of the WJ-IV to Diagnose Learning Disabilities”. We encourage all to visit [www.regped.com](http://www.regped.com) to register for the Symposium which is sure to provide all assessment personnel with valuable information.

## Contact Us

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Visit us on the web at

[www.regped.com](http://www.regped.com)

Not just competence ... *excellence.*

## *Symposium 2015*

TEDA Conference, Galveston

[www.regped.com](http://www.regped.com)

**Dr. Nancy Mathers**

**“Use of the WJ-IV to Diagnose  
Learning Disabilities”**

*1 - 4 pm*

*TPED members for free*

*\$30 pre-registration, \$35 at door*